



B { *Vegano* } bou

HOTELS

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## HOTELS

### Nuestra cocina axárquica, malagueña y andaluza

|                                                                                                                                               |         |
|-----------------------------------------------------------------------------------------------------------------------------------------------|---------|
| Gazpacho Andaluz con Helado de Aceite de Oliva                                                                                                | 7,00 €  |
| Crema de Verduras con Picatostes                                                                                                              | 7,00 €  |
| Ensalada Fresca de Quinoa, Aguacate y Edamame con Frutas, Frutos Secos y Vinagreta de Mango                                                   | 11,00 € |
| En Busca del Sabor Perdido del Tomate "Melillero" de Vélez - Málaga con Aguacate, Tomatitos Cereza, Emulsión de Aloreña regado con Hojiblanca | 11,50 € |
| Nuestra Versión de Ensalada Malagueña de Patata Templada, Aguacate con sus Avíos and Mayonesa Picual                                          | 12,00 € |
| Timbal de Aguacate y Mango, Tapenade de Aceitunas Negras y Naranja Amarga                                                                     | 12,50 € |
| Batatas Fritas con Miel de Caña                                                                                                               | 6,00 €  |
| Mortero de Calabaza Sofrita con Cebolleta, Bimis, Edamame, Nueces y Tomatitos Secos                                                           | 9,50 €  |
| Selección de Setas Salteadas con Ajos Tiernos, Edamames y Cebollino                                                                           | 11,50 € |

### Cocina Internacional

|                                                                                                  |         |
|--------------------------------------------------------------------------------------------------|---------|
| Cous Cous de Frutos Secos con Batatas al Vino y Verduritas Salteadas                             | 10,00 € |
| Salteado de Quinoa Real con Edamame y Verduritas                                                 | 10,50 € |
| Salteado de Verduritas en Wok de Noodles Japoneses, Tofu, Almendras Tostadas y Salsa de Yakisoba | 10,50 € |
| Salteado de Judías Verdes con Mango sobre Arroz, Pilaf de Pasas y Almendras                      | 11,00 € |
| Macarrones con Crema de Tomate, Bimis Salteados y Frutos Secos                                   | 12,00 € |

### Pastelería de nuestro obrador

|                       |        |
|-----------------------|--------|
| Carpaccio de Frutas   | 5,50 € |
| Sorbete de Mango Kent | 6,00 € |

\*SUPLEMENTO CON RÉGIMEN ALIMENTICIO 5€

\*\*SUPLEMENTO CON RÉGIMEN ALIMENTICIO 8€

CONSULTE MENÚS INFANTILES

CONSULTE NUESTRA CARTA ESPECÍFICA PARA CELÍACOS, ALÉRGICOS A LA LACTOSA, VEGANOS Y VEGETARIANOS

SERVICIO EN MESA 2,50€ | IVA INCLUIDO

# B { *Vegan* } bou

## HOTELS

### **Our gastronomy: Axarquía, Málaga and Andalusia**

|                                                                                                                                     |         |
|-------------------------------------------------------------------------------------------------------------------------------------|---------|
| Andalusian Gazpacho Cold Soup with & Olive Oil Ice Cream                                                                            | 7,00 €  |
| Vegetable Cream with Croutons                                                                                                       | 7,00 €  |
| Quinoa Salad with Avocado, Edamame Beans, Dried Fruits & Mango Dressing                                                             | 11,00 € |
| Lost Flavor of the "Melillero" Tomato from Vélez - Málaga with Avocado, Cherry Tomatoes, Aloreña Emulsion with Hojiblanca Olive Oil | 11,50 € |
| Malagueña Salad Versión od Tempered Potato with Avocado and Picual Mayonnaise                                                       | 12,00 € |
| Avocado and Mango Timable, Black Olive Tapenade an Bitter Orange                                                                    | 12,50 € |
| Sweet Potato Chips with Cane Honey                                                                                                  | 6,00 €  |
| Sautéed Pumpkin Mortar with Chives, Bimis, Edamame, Walnuts and Dried Tomatoes                                                      | 9,50 €  |
| Selection of Sautéed Mushrooms with Young Garlic, Edamames and Chives                                                               | 11,50 € |

### **International Cuisine**

|                                                                                           |         |
|-------------------------------------------------------------------------------------------|---------|
| Cous Cous with Nuts with Sweet Potatoes in Wine and Sautéed Vegetables                    | 10,00 € |
| Sautéed Royal Quinoa with Edamame and Vegetables                                          | 10,50 € |
| Japanese Noodles Stir Fry with Sautéed Vegetables, Tofu, Roasted Almonds & Yakisoba Sauce | 10,50 € |
| Sautéed Green Beans with Mango on Rice, Raisin Pilaf and Almonds                          | 11,00 € |
| Macaroni with Tomato Cream, Sautéed Bimis and Nuts                                        | 12,00 € |

### **Homemade Pastries**

|                   |        |
|-------------------|--------|
| Fruit Carpaccio   | 5,50 € |
| Kent Mango Sorbet | 6,00 € |

\*SUPPLEMENT WITH FOOD REGIME 5€

\*\*SUPPLEMENT WITH FOOD REGIME 8€

CHILDREN'S MENU AVAILABLE  
GLUTEN FREE, LACTOSE FREE, VEGAN AND VEGETARIAN MENUS AVAILABLE.  
TABLE CHARGE €2,50 | VAT INCLUDED

# Alérgenos

|                                                                                                                                               |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|-----------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| Gazpacho Andaluz con Helado de Aceite de Oliva                                                                                                | X                                                                                 |                                                                                    |                                                                                     |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |
| Crema de Verduras con Picatostes                                                                                                              | X                                                                                 |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Ensalada Fresca de Quinoa, Aguacate y Edamame con Frutas, Frutos Secos y Vinagreta de Mango                                                   |                                                                                   |                                                                                    |                                                                                     |                                                                                     | X                                                                                   |                                                                                     | X                                                                                   |                                                                                     |                                                                                     | X                                                                                   | X                                                                                   | X                                                                                   |                                                                                     |                                                                                     |
| En Busca del Sabor Perdido del Tomate "Melillero" de Vélez - Málaga con Aguacate, Tomatitos Cereza, Emulsión de Aloreña regado con Hojiblanca |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |
| Nuestra Versión de Ensalada Malagueña de Patata Templada, Aguacate con sus Avíos and Mayonesa Picual                                          |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |
| Timbal de Aguacate y Mango, Tapenade de Aceitunas Negras y Naranja Amarga                                                                     |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | X                                                                                   | X                                                                                   | X                                                                                   |                                                                                     |                                                                                     |
| Batatas Fritas con Miel de Caña                                                                                                               |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Mortero de Calabaza Sofrita con Cebolleta, Bimis, Edamame, Nueces y Tomatitos Secos                                                           |                                                                                   |                                                                                    |                                                                                     |                                                                                     | X                                                                                   |                                                                                     | X                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |
| Selección de Setas Salteadas con Ajos Tiernos, Edamames y Cebollino                                                                           |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Cous Cous de Frutos Secos con Batatas al Vino y Verduritas Salteadas                                                                          | X                                                                                 |                                                                                    |                                                                                     | X                                                                                   |                                                                                     |                                                                                     | X                                                                                   | X                                                                                   |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |                                                                                     |                                                                                     |
| Salteado de Quinoa Real con Edamame y Verduritas                                                                                              | X                                                                                 |                                                                                    |                                                                                     |                                                                                     | X                                                                                   |                                                                                     | X                                                                                   | X                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Salteado de Verduritas en Wok de Noodles Japoneses, Tofu, Almendras Tostadas y Salsa de Yakisoba                                              | X                                                                                 |                                                                                    |                                                                                     |                                                                                     | X                                                                                   |                                                                                     | X                                                                                   | X                                                                                   |                                                                                     |                                                                                     | X                                                                                   | X                                                                                   |                                                                                     |                                                                                     |
| Salteado de Judías Verdes con Mango sobre Arroz, Pilaf de Pasas y Almendras                                                                   |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Macarrones con Crema de Tomate, Bimis Salteados y Frutos Secos                                                                                |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Carpaccio de Frutas                                                                                                                           |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Sorbete de Mango Kent                                                                                                                         |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Andalusian Gazpacho Cold Soup with & Olive Oil Ice Cream                                                                                      | X                                                                                 |                                                                                    |                                                                                     |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |
| Vegetable Cream with Croutons                                                                                                                 | X                                                                                 |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Quinoa Salad with Avocado, Edamame Beans, Dried Fruits & Mango Dressing                                                                       |                                                                                   |                                                                                    |                                                                                     |                                                                                     | X                                                                                   |                                                                                     | X                                                                                   |                                                                                     |                                                                                     | X                                                                                   | X                                                                                   | X                                                                                   |                                                                                     |                                                                                     |
| Lost Flavor of the "Melillero" Tomato from Vélez - Málaga with Avocado, Cherry Tomatoes, Aloreña Emulsion with Hojiblanca Olive Oil           |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |
| Malagueña Salad Versión od Tempered Potato with Avocado and Picual Mayonnaise                                                                 |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |
| Avocado and Mango Timable, Black Olive Tapenade an Bitter Orange                                                                              |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | X                                                                                   | X                                                                                   | X                                                                                   |                                                                                     |                                                                                     |
| Sweet Potato Chips with Cane Honey                                                                                                            |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Sautéed Pumpkin Mortar with Chives, Bimis, Edamame, Walnuts and Dried Tomatoes                                                                |                                                                                   |                                                                                    |                                                                                     |                                                                                     | X                                                                                   |                                                                                     | X                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |
| Selection of Sautéed Mushrooms with Young Garlic, Edamames and Chives                                                                         |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Cous Cous with Nuts with Sweet Potatoes in Wine and Sautéed Vegetables                                                                        | X                                                                                 |                                                                                    |                                                                                     | X                                                                                   |                                                                                     |                                                                                     | X                                                                                   | X                                                                                   |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |                                                                                     |                                                                                     |
| Sautéed Royal Quinoa with Edamame and Vegetables                                                                                              | X                                                                                 |                                                                                    |                                                                                     |                                                                                     | X                                                                                   |                                                                                     | X                                                                                   | X                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Japanese Noodles Stir Fry with Sautéed Vegetables, Tofu, Roasted Almonds & Yakisoba Sauce                                                     | X                                                                                 |                                                                                    |                                                                                     |                                                                                     | X                                                                                   |                                                                                     | X                                                                                   | X                                                                                   |                                                                                     |                                                                                     | X                                                                                   | X                                                                                   |                                                                                     |                                                                                     |
| Sautéed Green Beans with Mango on Rice, Raisin Pilaf and Almonds                                                                              |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Macaroni with Tomato Cream, Sautéed Bimis and Nuts                                                                                            |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Fruit Carpaccio                                                                                                                               |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Kent Mango Sorbet                                                                                                                             |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |

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| CEREALES                                                                            | CRUSTÁCEOS                                                                          | HUEVOS                                                                              | PESCADO                                                                             | CACAHUETES                                                                          | SOJA                                                                                | LECHE                                                                               | FRUTOS CON CÁSCARA                                                                  | APIO                                                                                | MOSTAZA                                                                              | SÉSAMO                                                                                | DIÓXIDO DE AZUFRE Y SULFITOS                                                          | ALTRAMUZES                                                                            | MOLUSCOS                                                                              |
| CEREALS                                                                             | SEAFOOD                                                                             | EGGS                                                                                | FISH                                                                                | PEANUTS                                                                             | SOYBEAN                                                                             | MILK                                                                                | NUTS                                                                                | CELERY                                                                              | MUSTARD                                                                              | SESAME                                                                                | SULFUR DIOXIDE & SULFATES                                                             | LUPINS                                                                                | SHELLFISH                                                                             |

Alérgenos e intolerancias alimenticias: Algunos alérgenos forman parte de guarniciones, por lo que si lo desea, puede modificar su plato sin perder la esencia de nuestra gastronomía. Consulte a nuestro equipo.

Disponemos de cartas especiales de vegetarianos, veganos, celíacos y sin lactosa.